

Cheshire East

All-Age Autism Strategy

2019-2022

[Draft for consultation]



What is this document about?



By working together; Cheshire East Council; the National Health Service – through the Clinical Commissioning Group; people with autism, their families and carers have written this plan to improve the lives of all individuals who have autism in Cheshire East

The plan is about children, young people, adults and family members. We want to make Cheshire East a better place for people with autism to live in.

What is Autism?

Autism is a condition that lasts your whole life. It affects how you understand other people and how you make sense of the world. One in a hundred people will have autism.



Everyone with autism is different. Some people with autism find these things difficult;

- Understanding how other people are feeling
- Meeting new people and making friends
- Bright lights and lots of people

Some people with autism will be very good at some things, including;

- Understanding numbers and patterns
- Being creative
- Remembering things

Things we need to work on in the next 3 years

We spoke to parent carers and health and social care staff about their main ideas for change. This is called co-production



Awareness and Information

We will make information and advice better for people with autism, their families and carers and the people who provide the services



Diagnosis

We will make it easier for children and young people get checked to see if they have autism, this is called an assessment. A Diagnosis happens when someone is told that they have a form of Autism.

Education



We want to make sure that everyone has access to appropriate educational provision so they can fulfil their potential as learners

Transition

Ensure there is a clear preparing for adulthood pathway, which meets the diverse needs of young people with Autism.



Employment



Pathways to suitable employment and training is not just important economically; it also offers the opportunity for individuals to feel valued, respected and included in society and can help prevent isolation

Housing

People with autism have an improved housing offer, access to secure and suitable housing, sustaining choice and independent living



Service provision

All working towards providing good services individuals with autism and their families that will be easy to use

Support for families and carers

We will seek to ensure that carers are identified, supported and empowered to manage their caring role, and are able to have a life outside of caring



What will happen in the next 3 years

Health and social care services will be working together to make the actions happen.

It is very important that the changes happen to improve services for people with autism.



Different teams will have responsibility to deliver on the different areas.

To do this, the Strategy sets out a plan of how we will all work together to complete what we say we will do.

Consultation

We are now seeking view on our Autism Strategy, and would welcome your views.

The consultation runs for 4 weeks from Monday 04 February 2019 with a deadline for response by 5pm on Monday 04 March 2019.



There are many ways to take part, you can either;

Questionnaire: Complete the short questionnaire at the end of this document and return it to;
Cheshire East Council
Research and Consultation
Westfields
Middlewich Road
Sandbach
CW11 1HZ

Online: Visit
www.cheshireeast.gov.uk/allageautismstratregy
and complete our online survey

By email: RANDC@cheshireeast.gov.uk

In person: You can visit one of our customer contact centres, please visit
www.cheshireeast.gov.uk/contactus for more information