



## Easy Read Version

Working for a **brighter future** together

# Cheshire East Place Dementia Strategy 2022 to 2026

This is the easy read version of the strategy. Some of the words with special (or specific) meanings **are in orange**. There is a Glossary (Word Book) at the back of this document which explains what these words mean.'

## Our Vision

- Our vision is to improve the lives of people affected by dementia. This includes people living in and visiting Cheshire East. We want to ensure that people living with dementia and their carers, receive high quality, kind, and timely care whether they are at home, in hospital or in a care home.
- The Council, the **Cheshire Clinical Commissioning Group** and our partners intend to work together, to lead the way in engaging with and providing support to people with dementia and their families and carers as early as possible. We will work **inclusively** with relevant **stakeholders**, including individuals living with dementia, their carers, and families.

- The strategy is for **everybody** in Cheshire East who lives with dementia, their families, and carers.



## Background Information

- In Cheshire East there are estimated to be 5,725 people over the age of 65 living with dementia *(NHS Digital)*.
- 18% of Cheshire East's population is over the age of 65.
- 3,840 people have been told they have a form of dementia in Cheshire East *(NHS Digital)*
- 67% of people with Dementia in Cheshire East have a recorded **diagnosis**
- There were 113 adults aged between 30 and 64, predicted to have Early Onset Dementia in Cheshire East in 2020 *(Projecting Adult Needs and Service information (PANSI))*
- In Cheshire East we have 23% of our population who are over 65. This is higher than in other places.

# OUR OVERARCHING PRIORITIES



## Preventing Well

- To improve the way, we communicate and work together with others
- To raise awareness of dementia amongst staff and the local people to reduce the **stigma** associated with it

## Diagnosing Well

- To make the changes needed to help people to get their diagnosis as early as possible

## Supporting Well

- To ensure good information, advice and support is available to **all**, throughout their dementia journey.
- To ensure that Health and Social Care work together to provide care and support to those affected by dementia

## Living Well

- To make sure that there are different options for people living with dementia and their carers, which are organised and take place locally.
- To give residents living with dementia the ability, opportunity, authority, and power, to have a voice and say in shaping their community and the support that they receive (There is already a Carers Forum who support Carers to have a voice etc.)

## Dying Well (Planning and Caring Well)

- To work with partners, to enable early conversations with people with dementia and their carers about **advance planning** and **end of life care**, so that people can plan ahead and ensure they are fully involved in decisions at the end of their life.
- To enable people to die with the care and support they need, in a place they value, with the people important to them close by.
- To make sure there are enough groups to provide ongoing **peer support** for those living with dementia and their carers.
- To ensure that carers are supported **pre and post bereavement**.
- To ensure that the relevant English Law is applied (where necessary) to support any decisions made where early advance planning has not been considered or undertaken.



## Our next steps

### Ambitions (Priorities)

The Cheshire East Dementia **Steering** Group has developed several high-level **ambitions** which set out how we will improve the experience of local people affected by Dementia. The Steering Group is a partnership group consisting of **statutory**, voluntary and local Dementia groups

These are detailed in action plans covering each pathway of the strategy.

We have followed the **NHS England Dementia Pathway** when we have developed the strategy.

### Actions

The action plans have been developed by looking at the good practice we have found and most importantly what people, who have taken part in our survey and exercises, where we asked all the people involved in the dementia journey, what they need and what their concerns are, have said.

### Dementia Steering Group

The Group will meet regularly to keep track and discuss items again to ensure we make changes or decisions about any progress. We will also make sure that the actions are put in place and our ambitions realised.

We will keep checking that this strategy is making a difference to the experience of people living with dementia and their carers and families.

## General

We know that to really meet the needs of the person it is important to listen to them. So we will involve people living with dementia and their families in helping us to do this.

We will continue to re-visit our vision to ensure that **lived experience** not only remains central to the strategy but helps to measure the impact of it.

The Steering group will produce an annual report on progress of how work around the action plans is going and what we have done and what we need to do, including identifying any issues we may have faced

## Glossary (Word Book)

<p><b>Dementia</b></p>	<p>Dementia is not a specific disease but is rather a general term for the reduced ability to remember, think, or make decisions that gets in the way of doing everyday activities. Alzheimer's disease is the most common type of dementia</p>
<p><b>Cheshire Clinical Commissioning Group</b></p>	<p>The group who plans and buys healthcare services for the people of Cheshire</p>

<b>Inclusively</b>	something done in a way that includes everyone or everything
<b>Stakeholders</b>	any people or groups who are positively or negatively impacted by a project
<b>Diagnosis</b>	The process of identifying a disease, condition, or injury from its signs and symptoms
<b>Overarching</b>	Is something that includes or affects everything or everyone
<b>Stigma</b>	A set of negative and often unfair beliefs that a society or group of people have about something
<b>Advance Planning</b>	Is a way to think ahead
<b>End of Life Care</b>	Care given to people who are near the end of life and have stopped treatment to cure or control their disease
<b>Peer Support</b>	Is when people use their own experiences to help each other
<b>Pre and post bereavement</b>	Before and after someone dies
<b>Steering</b>	To steer work started by others. The people who are part of the group use their experiences, skills and knowledge to help make decisions.

<b>Ambitions</b>	What we want to achieve / make happen
<b>Statutory</b>	If something is statutory, it is related to or set by laws
<b>NHS England Dementia Pathway</b>	A guide to the care and support that a person living with dementia requires at each stage of their journey
<b>Lived experience</b>	Someone's personal knowledge about the world gained through direct, first-hand involvement

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## CONTACT US



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