0 to 19 Torbay Early Help Services for External Referrers



Principles: Trauma Informed, Outcomes Focused

Early Help Offer Level 2 families Referral **Contact Point and** (Level 3 through targeted help) **Process** triage for support **Family Support and Resilience** TALK, online family support chat service Practical support and advocacy for 0 to 19 SPA health, community resources, benefits, housing 03003335352 Family Support - Emotional **Admin Hub** publichealthnursing.to **Partnership with South West Family** Identify the rbay@nhs.net **Values** appropriate (COVD 19 Time Limited) service / CBT, emotional resilience, family safeguarding https://www.0to19tor /Referral conflict, anxiety and depression bay.co.uk Family Support - Behavioural Routines, play, development **Family support - Groups** Solihull **Incredible Years**

Breastfeeding

1:1 Peer Support, Group Work

Child development

1:1 Support, Group work

Speech and Language

Early Assessment Group Work

Online Soilhull courses

- antenatal,
- parenting under 5's/over 5's
- teenage brain

Play Packs – Online Play Partnership with Play Torbay

(COVID 19 Online Activity)
Online play packs
Delivery of play packs

Safeguarding/Targeted Help Process/Referral on Specialist services and Assessment







